



Combines are an opportunity to showcase skills and athletic abilities through a series of tests designed to measure your capability to perform on the field. Combines are used by college and professional coaches and scouts to assess potential players for their teams. Flawless technique and athleticism is expected, and if you're not prepared, you may not execute your best potential.

THE SKY IS THE LIMIT FOR THOSE WHO TAKE FLIGHT

- Speed, Plyometric, and Agility training specific to improving times in combine tests
- Proper testing technique
- High repetition on each test so you will be confident with your ability to perform
- Recovery techniques and tapering strategies
- Pre-Combine assessments to track improvement



TOP FLIGHT ATHLETICS