

SOAR

a : to fly aloft or about

b (1) : to sail or hover in the air often at a great height : glide (2) of a glider : to fly without engine power and without loss of altitude

**2: to ascend to a higher or more exalted level
makes my spirits soar**

3: to rise to majestic stature

Character



*Character will determine
your destiny*

Classroom



*Success in the classroom
will shape your future*

Commitment



*Commitment to yourself
and your team
= respect & confidence*

TOP FLIGHT S.O.A.R.

We are a mentoring program that was founded in 2017, in Houston, TX. Our Mission is to provide mentoring programs through a series of curriculum that bridges the gaps between grade school and middle school, middle school and high school and high school and college on an academic as well as an athletic platform. Also that builds character, responsibility and teamwork with the student athlete, coaches, teachers, and the parents.

***TOP FLIGHT S.O.A.R.** was created, in part, based on the number of student athletes who no longer participate nor compete in sports due to being ineligible academically, lost and decisions putting them in harms way, As our world advances in technology, so to has sports. Sports has now become 80% mental and 20% physical. Student athletes today must compete in the classroom and achieve the grades needed for the opportunity to participate in any "next level" of competition.*

***TOP FLIGHT S.O.A.R.** is designed to also assist school and organization athletic coaches, as well as administration in areas that are needed to develop and maintain self esteem and perseverance in all of our participating student athletes. As we mentor student athletes and they evolve through our programs and "life", we will also focus on recruitment and how to obtain and remain eligible with the NCAA Clearing-house. Each student athlete plays a major role in this part of the program, starting from the 9th through the 12th grades and continuing from their freshman year in college through graduation.*

CHARACTER

CLASSROOM

COMMITMENT

TOP FLIGHT S.O.A.R. Mentoring programs are incubated in partnering schools, sports leagues , teams, and organizations, community centers, churches, and more.

These supervisors work together to build an environment that is comfortable for the mentoring matches along with providing activities, on-going support, and training to everyone in the program. The Program Manager and Site Supervisor ultimately act as safety nets and support systems to mentors to ensure the growth between mentor and mentee.

TOP FLIGHT S.O.A.R. programs incorporate a number of initiatives that facilitate and guide mentors to focus on their mentee's individual needs.

Every mentee is different and therefore every mentoring relationship looks different, but the reward for both the mentee and mentor is undeniable!

S. O. A. R. MENTORING MODEL

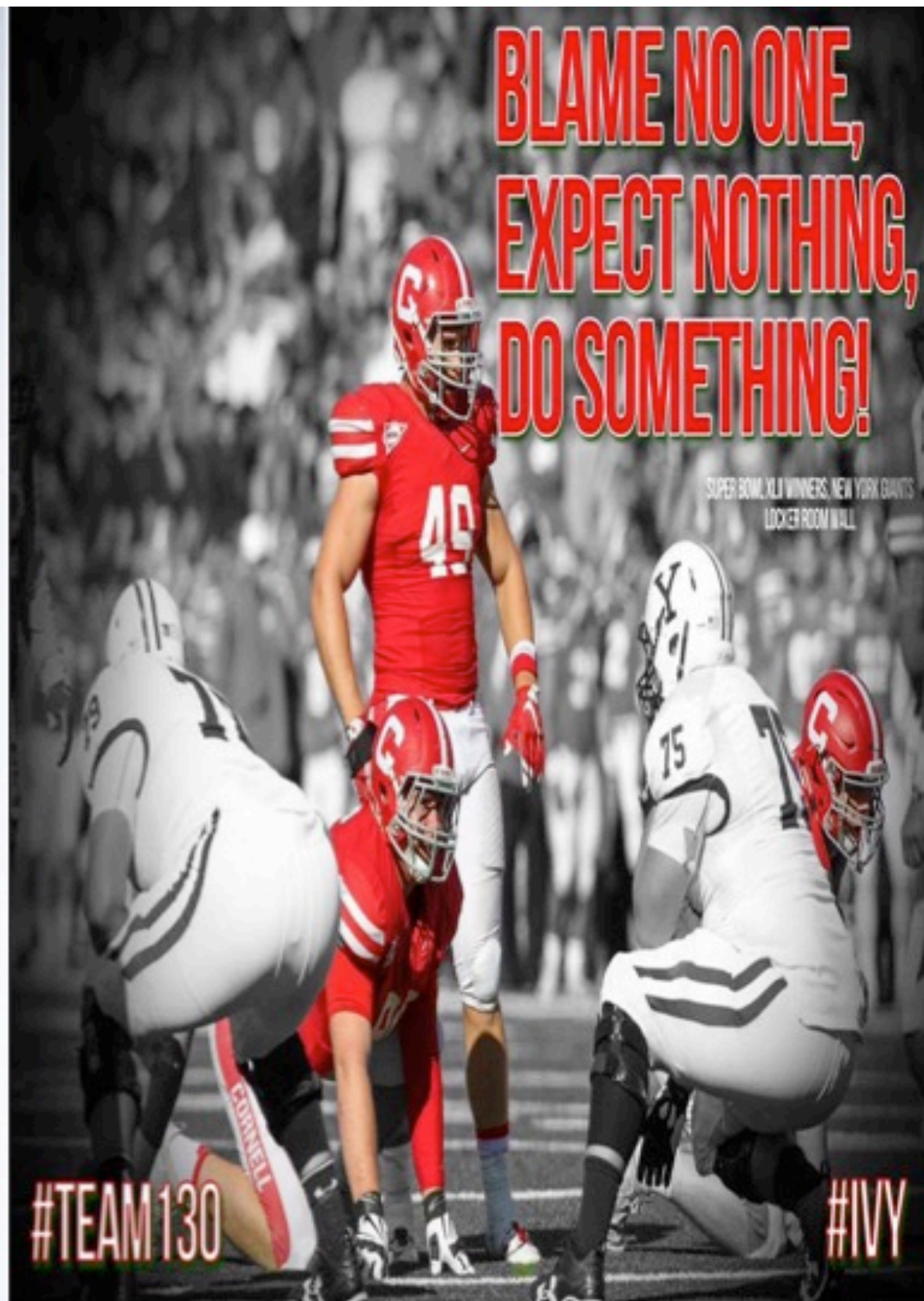
*Through the **TOP FLIGHT** site based model , mentors and mentees meet in a supervised environment at a set time and location; a format which not only allows for the **TOP FLIGHT ATHLETE MENTORS** to properly manage their busy schedules, but also provides the much needed consistency to the mentoring relationship.*

*One-to-one simply refers to each mentor being matched with on mentee so that they can focus their full attention on one youth and build a trusting relationship. Though mentors at our sites are matched with one youth, they are almost always in the presence of other mentors and mentees. This provides an added support mechanism along with the option of rewarding group activities and presentations. All mentors are asked to commit to mentoring for one school year for **4-6 hours per month**; although many continue working with their mentee for two or more years.*

The Top Flight S.O.A.R. will create sustained and supportive mentor relationships for children and youth athletes ages 7—18.

The program matches youth across Houston the with inspirational , adult mentors and programs that guide them in developing better self-esteem, creating healthy relationships, and making positive life choices; In Sport, In the Classroom, and IN LIFE.

Many young athletes, in spite of their athletic abilities, will enter the program experiencing varying levels of educational difficulties or social challenges. Studies show that children who succeed despite enormous personal, economic or social obstacles often times do so because of the presence of committed and competent role models who believe in them!





GALEM
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Church
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St. Paul, MN 55102
Phone: 612-291-1111
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Children's Church
Group A
1/11, 1/18, 1/25, 2/1
2/8, 2/15, 2/22, 2/29
3/6, 3/13, 3/20, 3/27
4/3, 4/10, 4/17, 4/24
5/1, 5/8, 5/15, 5/22
5/29, 6/5, 6/12, 6/19
6/26, 7/3, 7/10, 7/17
7/24, 7/31, 8/7, 8/14
8/21, 8/28, 9/4, 9/11
9/18, 9/25, 10/2, 10/9
10/16, 10/23, 10/30
11/6, 11/13, 11/20, 11/27
12/4, 12/11, 12/18, 12/25

Children's Church
Group B
1/11, 1/18, 1/25, 2/1
2/8, 2/15, 2/22, 2/29
3/6, 3/13, 3/20, 3/27
4/3, 4/10, 4/17, 4/24
5/1, 5/8, 5/15, 5/22
5/29, 6/5, 6/12, 6/19
6/26, 7/3, 7/10, 7/17
7/24, 7/31, 8/7, 8/14
8/21, 8/28, 9/4, 9/11
9/18, 9/25, 10/2, 10/9
10/16, 10/23, 10/30
11/6, 11/13, 11/20, 11/27
12/4, 12/11, 12/18, 12/25

Children's Church
Group C
1/11, 1/18, 1/25, 2/1
2/8, 2/15, 2/22, 2/29
3/6, 3/13, 3/20, 3/27
4/3, 4/10, 4/17, 4/24
5/1, 5/8, 5/15, 5/22
5/29, 6/5, 6/12, 6/19
6/26, 7/3, 7/10, 7/17
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10/16, 10/23, 10/30
11/6, 11/13, 11/20, 11/27
12/4, 12/11, 12/18, 12/25

Why Top Flight S.O.A.R. ?

1. Most successful people have had the guidance of a mentor

Most people attribute a large portion of their success in life to having someone who helped guide them along the way. It is believed that having a positive role model such as a mentor helps in developing interpersonal skills, increasing self-confidence, community involvement, and teaches valuable skills such as goal-setting and decision-making which improve academic and career performance . Studies have shown us that kids who participated in mentorship programs were:

- 52% less likely than their peers to skip school
- 46% less likely to begin using drugs
- and 27% less likely to begin drinking alcohol

2. Mentors do not take the place of a parent

Mentoring relationships take place outside of the home environment generally between youth and an adult role model who can give a perspective that may be missing. While parents are ultimately responsible for the well-being of their kids, they may not have the availability or the resources to provide all the guidance a young person may need.

3. Mentors teach more than standard tasks

One of the key purposes of having a mentor is being able to experience life lessons that can't be taught from only books or lectures. The point being that whenever the purpose for the mentorship ends, the mentees will be prepared with the tools for life outside of the sport, classroom, etc.

If something is bothering an athlete in their private life, it will distract from their athletic performance. This is why more and more sports coaches tend to focus on every aspect of their athletes' lives rather than just their skill set.

4. Coaches are the most identified mentors

Athletes receive mentoring more frequently than non-athletes which can be attributed to the role of a coach. As sports coaches tend to interact with their athletes every day through practices, games, work-outs, etc, they become one of the strongest adult role models young people come in contact with. Most successful athletes attribute their success to their relationship with their coaches.

5. Mentorship is a two way street

Many mentors learn new lessons with each mentoring relationship and even look to their own mentors for further growth. By sharing advice, information, and experiences with their mentees, mentors in turn are able to reflect and improve upon their own techniques and find new satisfaction in the process.

NOW
ENROLLING