



TOP FLIGHT ATHLETICS

WWW.TOPFLIGHTCOACH.COM

TOP FLIGHT COACH Agreement

NAME,

This coaching agreement is entered into between **TOP FLIGHT ATHLETICS** and the above named client. It will begin on **DAY/DATE** and will continue on a monthly basis for **DURATION** or until such time as the client terminates my services. A reminder email will be sent 48 hours before any scheduled session. The next session will be scheduled during the current coaching session.

Fees

The fee for the coaching sessions will be charged on a monthly basis in advance of that month's session in the amount of **AMOUNT** on a recurring billing cycle.

Cancellation Policy: Clients maintain the right to cancel payment at any time in advance of the billing date for the next month's session. Cancellation must be done in writing (either by posted letter to the company address or by email to the following website address:

JUGGERNAUTTRISPORTS@GMAIL.COM and the letter or email must be received before the new billing cycle or you will be charged for that month's coaching session.

If you need to cancel an appointment, please notify our office at least 24 hours in advance of the appointment date to reschedule that month's session.

Services

The client will be provided with in person fitness coaching unless otherwise specified by the coach.

Termination

Termination of this agreement may occur at the discretion of the coach when an impasse is reached with the client. As long as the client adheres to the Coaching Success Guidelines and the coach adheres to professional practices and standards, the relationship will continue. The goal is to better your fitness so all efforts will be made towards that end.

Examples of terminable offenses:

- Lack of payment
- Lack of adherence to Coaching Success Guidelines
- Indifference on the part of the client to prescribed session action items

Confidentiality

Anything that is said or revealed in the sessions between coach and client is privileged information and will not be disclosed to any outside party. The exception is if the information revealed includes disclosure of illegal, unethical or criminal activities.

The methods employed by **TOP FLIGHT ATHLETICS** do not guarantee results. They are guidelines that the client must follow through on in order to see any type of change. The client agrees, therefore, to hold the coach free of any liability and responsibility for adverse reactions as a result of advice given in the coaching sessions.

By signing below, you signify that you agree with the information laid out in this document in full.

Client

Date

Coach

Date